



# Lunch Week One

Monday

Tuesday

Wednesday

Thursday

Friday

A CHOICE OF:  
FRESH THREE  
CHEESE &  
TOMATO OR  
PEPPERONI PIZZA

SPICED BEAN &  
ROASTED  
VEGETABLE WRAP  
WITH TOMATO  
SALSA

TENDER BEEF  
MEATBALLS  
IN A TOMATO &  
BASIL SAUCE

BUTTERNUT  
SQUASH, LEEK &  
SMOKED CHEESE  
FRITATTA

STICKY BBQ  
CHICKEN

MEDITERRANEAN  
VEGETABLE &  
FETA STUFFED  
MUSHROOM

COTTAGE PIE  
TOPPED WITH  
SLICED POTATOES  
& CHEESE

SPINACH,  
HALLOUMI & RED  
ONION PUFF  
PARCEL

BREADED MSC  
COD FISH  
FINGERS WITH  
HOMEMADE  
TOMATO DIP

AUBERGINE,  
POTATO & LENTIL  
MOUSSAKA

## Available Daily:

HOMEMADE SOUP  
WHOLEMEAL  
BREAD  
FRESH SALAD &  
CRUDITÉS  
BAKED JACKET  
POTATOES  
HOMEMADE FRUIT  
YOGHURT  
FRESH FRUIT POTS

WARM NEW  
POTATO SALAD  
WITH CHIVES  
FRESH COLESLAW  
SALAD

MIXED FRUITs OF  
THE FOREST IN  
STRAWBERRY  
JELLY POT

SPAGHETTI  
SWEETCORN &  
MIXED PEPPER

APPLE AND  
RHUBARB  
CRUMBLE WITH  
CUSTARD

FLUFFY RICE  
BATON CARROTS &  
GREEN BEANS

GOOEY RED CHERRY  
CHOCOLATE BROWNIE

FRESH CAULIFLOWER  
FLORETS

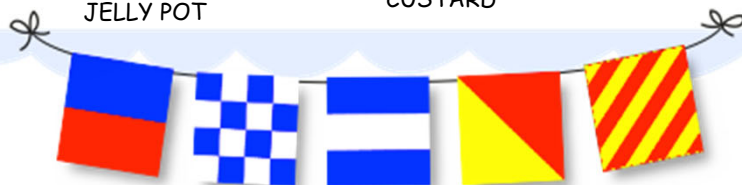
ORANGE SPONGE  
WITH VANILLA  
SAUCE

CHUNKY CHIPS

MINTED NEW  
POTATOES

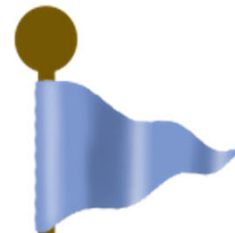
LOW SALT BAKED  
BEANS

FRUITY TEA LOAF





# Lunch Week Two



Monday

Tuesday

Wednesday

Thursday

Friday

DICED CHICKEN &  
NUT FREE GREEN  
PESTO PASTA  
SHAPES

MIXED LENTILS &  
ROOT VEGETABLE  
CURRY WITH RICE

BUTCHER'S PORK  
SAUSAGES WITH  
ONION GRAVY

FRIED TOFU WITH  
EGG NOODLES &  
TERIYAKI STIR  
FRIED  
VEGETABLES

CLASSIC BEEF  
BOLOGNAISE WITH  
PARMESAN CHEESE

TEXAS SPICED  
BEAN & VEGETABLE  
BURRITO

MILD DICED  
CHICKEN CURRY  
WITH BOMBAY  
POTATO & MANGO  
CHUTNEY

ROASTED CAJUN  
HALLOUMI  
CHEESE COOKED  
IN A TOMATO  
SAUCE WITH  
COUSCOUS

BREADED MSC  
BAKED COD FISH  
WITH LEMON  
AND CAPER  
MAYONNAISE

BUTTERNUT  
SQUASH, SWEET  
PEPPER & QUORN  
RISOTTO

## Available Daily:

HOMEMADE SOUP  
WHOLEMEAL BREAD  
FRESH SALAD &  
CRUDITÉS  
BAKED JACKET  
POTATOES  
HOMEMADE FRUIT  
YOGURT  
FRESH FRUIT POTS

STEAMED  
SWEETCORN

JAM DOUGHNUTS

MASHED OR  
STEAMED POTATO

GARDEN PEAS

WARM PINEAPPLE  
UPSIDE DOWN  
CAKE WITH  
CUSTARD

PASTA SHELLS

GARLIC BREAD  
FRESH BROCCOLI  
TREES

LEMON DRIZZLE  
LOAF

STEAMED RICE

PITTA BREAD  
SWEETCORN & MIXED  
PEPPER

CHOCOLATE &  
BLACKBERRY MARBLE  
LOAF WITH CUSTARD

OVEN BAKED CHIPS

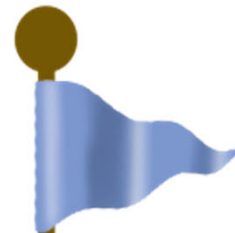
GARDEN PEAS

CARROT CAKE WITH  
OR WITHOUT  
FROSTING





# Lunch Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

CHICKEN  
GOUJONS WITH  
TOMATO SAUCE

AMERICAN STYLE  
MACARONI  
CHEESE WITH  
GARLIC BREAD

BRAISED PORK &  
VEGETABLE RAGU

MUSHROOM,  
CARAMELISED  
ONION AND BRIE  
CHEESE  
WELLINGTON

MILD BEEF &  
ONION CHILLI  
WITH SOUR  
CREAM

MINCED QUORN &  
VEGETABLE  
LASAGNE

GARDEN HERB  
COATED CHICKEN  
WITH YORKSHIRE  
PUDDING & GRAVY

SUN BLUSHED  
TOMATO, MIXED  
OLIVE &  
MOZZARELLA  
FLAN

BREADED COD  
FILLET FISH  
FINGERS,  
LEMON WEDGE &  
TARTARE SAUCE

GNOCCHI WITH  
CURLY KALE, RED  
ONION &  
HALLOUMI IN A  
WHITE SAUCE

Available Daily:

- HOMEMADE SOUP
- WHOLEMEAL BREAD
- FRESH SALAD & CRUDITÉS
- BAKED JACKET POTATOES
- HOMEMADE FRUIT YOGURT
- FRESH FRUIT POTS



POTATO WEDGES

HERB-BUTTER &  
PENNE PASTA

STEAMED RICE &  
TACOS

BROCCOLI TREES

ROASTED  
COURGETTES

SWEETCORN &  
MIXED PEPPER

MANGO, PEACH  
CAKE

STICKY TOFFEE  
PUDDING WITH  
CUSTARD

FRUITY FLAPJACK  
SQUARE

ROAST POTATOES

CHUNKY CHIPS

FRESH CARROT  
BATONS

NEW POTATOES

MUSHY PEAS

PEAR & CHOCOLATE  
SPONGE WITH  
VANILLA SAUCE

ARCTIC ROLL SLICE  
WITH BERRY SAUCE

