

PSHE Department Outline Scheme of Work

Year Group	Autumn	Spring	Summer
Reception	Getting to know each other Good Manners Being Kind – ARK Week The Golden Rules	Dispositions and attitudes Relationships with adults and peers	Emotional and Social Development
<ul style="list-style-type: none"> • Learning to respect themselves and others, developing a positive self-image, learning about relationships and the importance of friendships. • Golden rules – being honest, learning to listen to others and looking after your property. • Act of Random Kindness Week - being gentle, kind and helpful. (To be replaced by CAM week Courtesy and Manners). • Developing a positive disposition to learn and having opportunities for problem-solving. • Dresses and undresses and manages own personal hygiene. • Responds to significant experiences, showing a range of feelings when appropriate. • Understands that there need to be agreed values and codes of behaviour for groups of people, including adults and children to work harmoniously together. • Understands what is right, what is wrong and why. • Has a developing awareness of own needs, views and feelings and is sensitive to the needs, views and feelings of others. 			
Year 1	Mr Men PSHE Collection - Hygiene, healthy eating and table manners Courtesy and Manners - CAM Week Road Safety	Friendship Safety Pollution Understanding a community	Feelings and Relationships Sharing Charities Thinking Ahead
<ul style="list-style-type: none"> • Make choices to improve health and well-being, maintain personal hygiene, rules for and ways of keeping safe on the road. • CAM week – understanding the importance of good manners and courtesy. Understand how to behave politely towards both adults and peers. To remember to use their manners at all times; please, thank you. How to eat lunch using good table manners.. • Understand how to stay safe and about people who keep them safe. • Understand they belong to a community and how they contribute to it. • What improves and harms the environment. • Recognise what they like/dislike, what is fair/unfair and what is right/wrong. • To understand that organisations give money to people in need. 			

Year 2	Friendships Playing and working together Listening to others Anti-Bullying / Kindness (ARK Week) Importance of being thankful at Christmas	Resolving Conflict Social Skills Multicultural Understanding	Team Building Road and Scooter Safety Importance of Exercise Food Safety Week Sun Safety
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- Recognise how their behaviour affects others, listen, play and work cooperatively, that friends should care about each other.
- That there are different types of bullying, that it is wrong and how to show kindness to everyone. (ARK Week). (to be replaced by CAM week).
- To recognise choices they can make and understand the difference between right and wrong.
- To learn how to resolve conflict in different situations and in everyday life.
- To share their opinions on things that matter to them and explain their views.
- To recognise cultural differences. To identify and respect the differences and similarities between people.
- Understand how to stay safe and about people who keep them safe.
- Make choices to improve health and well-being and understand the effect exercise has on the body.
- To understand the dangers of the sun and how to be safe during the summer.

Year 3	Getting know each other Introduction to Philosophy Family Relationships Anti-Bullying / Kindness (ARK Week)	Taking Responsibility Charities Coping with Change and Loss	Rules Social Justice Finding Help
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- To be aware of different relationships between friends and family and to develop the skills to be effective in relationships.
- To identify emotional changes towards themselves and family members.
- To know their actions affect others, to care about others feelings and to empathise. To understand that there are different types of bullying, that it is wrong and how to show kindness to everyone. (ARK Week). (to be replaced by CAM week).
- To recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals.
- Making responsible choices. To learn to take responsibility.
- To be able to share their thoughts and recognise that opinions of others may differ from their own, through philosophical discussion.
- To learn how to make choices and give a valid reason for that choice.
- To understand that organisations give money to people in need.
- To discuss how to cope with the death or loss of someone close, grandparent/pet.
- Know why and how rules are made and enforced, why different rules are needed and how to take part in making and changing rules.
- To realise the consequences of anti-social and aggressive behaviours.
- To know where individuals, families and groups can get help and support.

Year 4	Safety Personal Hygiene Anti-Bullying / Kindness (ARK Week)	Philosophy - Healthy Eating Exercise	Pollution and Environment Emotional changes Looking to the future
<ul style="list-style-type: none"> • To recognise the different risks in different situations and decide how to behave responsibly. • That bacteria and viruses can affect health and that following simple routines can reduce their spread. • That there are different types of bullying, that it is wrong and how to show kindness to everyone. (ARK Week) (to be replaced by CAM week). • What makes a healthy lifestyle, including the benefits of exercise and healthy eating, what affects mental health and to make informed choices. • To learn to give clearer expression to their thoughts and ideas, through philosophical discussion. • To understand that charities raise money to help people in need. To learn more about the School's Charity - Global Initiative. • To understand that emotional changes are part of growing up. • Thinking about the future and reflecting on the kind of person they'd like to become. 			
Year 5	Philosophy - Family Relationships Anti-Bullying / Kindness (ARK Week)	Philosophy - Death and Grieving Friendships Taking Responsibility	Philosophy Multi-Cultural Understanding Political Literacy
<ul style="list-style-type: none"> • To be aware of different relationships, including marriage, and those between friends and family and to develop the skills to be effective in relationships. • Learning to manage changes in the family unit (Divorce) • To understand the effects and emotional impact of bullying. To know their actions affect others, to care about others feelings and to empathise. (ARK Week) (to be replaced by CAM week). • To recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals. Making responsible choices. • To be able to work together to build on each other's ideas constructively and collaboratively through philosophical discussion. • To learn tolerance by exploring both sides of an argument. • That there are different kinds of responsibility. • To realise the nature and consequences of racism, teasing, bullying and aggressive behaviours and how to respond to them and ask for help. • To research, discuss and debate topical issues, problems and events. To know what democracy is and about the basic institutions that support it locally and nationally. • To appreciate the range of national, regional, religious and ethnic identities in the United Kingdom. • To know that differences and similarities between people arise from a number of factors, including cultural, ethnic, racial, and religious diversity. 			

Year 6	HHS Core Values Philosophy - Social skills Anti-Bullying / Kindness (CAM Week) 11+ exam preparation Inclusion	Finding Help (coping with exams) Social Justice HHS Certificates	HHS Certificates Learning skills Internet Safety Growing Up (Puberty) Drug and Sex Education
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- To remind the children of our Core Values.
- To establish structures for effective classroom discussion, through philosophy.
- Looking at observational and awareness skills, through Philosophy.
- To learn to critically evaluate each other's, and their own, claims respectfully.
- To research, discuss and debate topical issues, problems and events.
- To reassure the pupils and alleviate anxiety regarding exams.
- CAM week (Courtesy and Manners) to understand the importance of good manners and courtesy towards others.
- To understand how it feels to be excluded, through Philosophy.
- Hornsby House certificates; to prepare pupils for secondary schools. Encouraging self-reliance, independence, responsibility, organisation and kindness.
- HHS Certificates – to discuss each area of achievement and how they can gain evidence for each area. Children are given Certificate Staff Mentors.
- To know why and how rules are made and enforced, why different rules are needed and how to take part in making and changing rules.
- To realise the consequences of anti-social and aggressive behaviours.
- To consider why all communities need rules and what the consequences of breaking them.
- To increase student knowledge of Internet safety.
- To aid the student in identifying dangers on the Internet.
- To face new challenges positively by collecting information, looking for help, making responsible choices and taking action. To know where individuals can get help.
- To recognise as they approach puberty how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way.
- To know how the body changes during puberty.
- To know which commonly available substances and drugs are legal and illegal, their effects and risks.